

Activity:

Know the Terms and Use Them Correctly

► PURPOSE

Build confidence in talking to people about race and gender identity as concepts, and explain terms to help people understand the terms so they can self-identify.

Instructions

Individually or in pairs, write a short statement for each of the four questions. Check with the definitions on pages 6-8 to see if you capture the important information.

1. Describe the difference between gender and sex.
2. Describe the difference between gender identity and sexual orientation.
3. Describe why the phrase assigned or designated sex at birth is used instead of "born male or female."

4. Describe the term transgender and include the preferred terminology when referring to a transgender person.
5. Describe the term genderqueer and the fluidity of gender roles.
6. What is the difference between race and ethnicity?

Debrief and Reflect

Are some of these terms new to you, and if so, what do you think about them?

What personal stereotypes do you hold that will be important to be aware of?

What would you want others to know about you in order to provide you with the best possible healthcare?